



Colossians 2020

“Building a Strong Foundation” Growth Group Study Guide

Week 5

Colossians 2: 16 - 23

Pulling Out Weeds

Wk 1	02 Feb	Col 1: 1 - 14	<i>Praying Like Paul</i>
Wk 2	09 Feb	Col 1: 15 - 23	<i>The Supreme Question</i>
Wk 3	16 Feb	Col 1: 24 - 2:5	<i>Discovering Your Purpose</i>
Wk 4	01 Mar	Col 2: 6 - 15	<i>Deepening Your Roots</i>
Wk 5	08 Mar	Col 2: 16 - 23	<i>Pulling Out Weeds</i>
Wk 6	15 Mar	Col 3: 1 - 11	<i>Breaking Free From the Past</i>
Wk 7	22 Mar	Col 3: 12 - 17	<i>Hand Me Downs</i>
Wk 8	29 Mar	Col 3: 18 - 4: 1	<i>Making Relationships Work</i>
Wk 9	05 Apr	Col 4: 2 - 6	<i>Knowing What to Pray For</i>
Wk 10	19 Apr	Col 4: 7 - 18	<i>Why We Need Each Other</i>

Read Colossians 2: 16 - 23.

Paul seems to be concerned about "*legalism*".

Q1 How would you describe legalism?

Q.2 (v.16)What is meant by a festival, new moon celebration, or sabbath? What would be the equivalent today?

Q.3 (v.17)In what sense were these practices a shadow of things to come in contrast to the substance that is of Christ?

Q.4 (v.18) What danger does Paul warn about that cheat Christians of their reward?

Q.5 (v.18) What is false humility? How can we be puffed up even while professing to be humble?

Q.6 (v.19) What is Paul referring to in this verse? What are various ways that people can be guilty of failing to hold fast to the Head?

Q.7 (v.20) What should be our relationship to the basic principles of the world?

Q.8 (v. 20-21) What should our attitude be towards the rules in these verses? Do they any value? When does this conflict with our relationship with Christ?



Read the following quote:

“I have found, in my own spiritual life, that the more rules I lay down for myself, the more sins I commit.

The habit of regular morning and evening prayer is one which is indispensable to a believer’s life, but the prescribing of the length of prayer, and the constrained remembrance of so many persons and subjects, may gender unto bondage, and strangle prayer rather than assist it.”

Charles Spurgeon “The Problem of Works”

Q.9 What does this quote say to you? Consider the first sentence, do you agree? Why do you think this happens?

Q.10 (v.23) What does Paul say is the problem with legalistic regulations?

Q.13 What does this passage teach you? In what ways can we be legalistic? How can we pray for, and encourage each other with regard to this?
