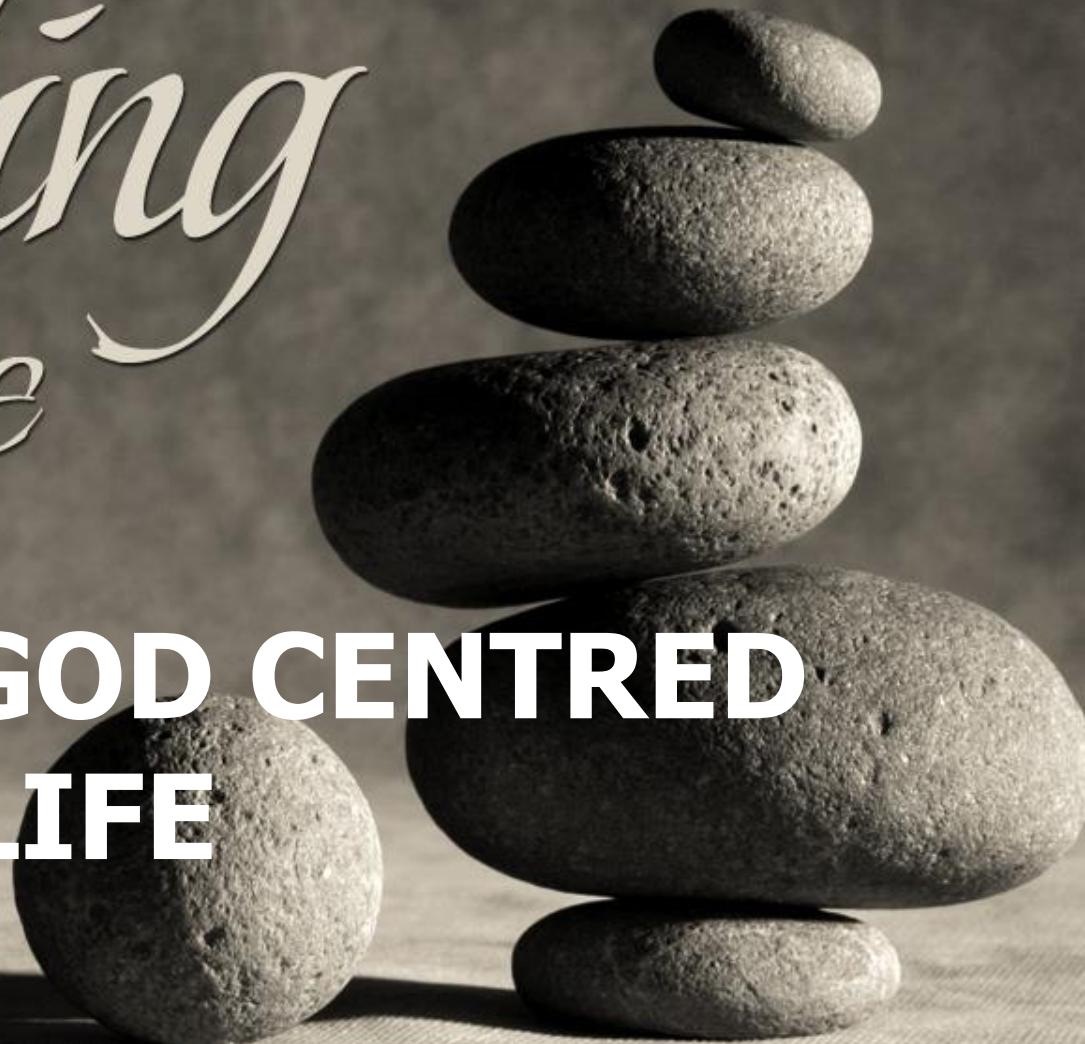


*Finding  
a balance*

LIVING A GOD CENTRED  
LIFE



**(Luke 5:12-16) While Jesus was in one of the towns, a man came along who was covered with leprosy. When he saw Jesus, he fell with his face to the ground and begged him, "Lord, if you are willing, you can make me clean." Jesus reached out his hand and touched the man. "I am willing," he said. "Be clean!" And immediately the leprosy left him. Then Jesus ordered him, "Don't tell anyone, but go, show yourself to the priest and offer the sacrifices that Moses commanded for your cleansing, as a testimony to them." Yet the news about him spread all the more, so that crowds of people came to hear him and to be healed of their sicknesses. But Jesus often withdrew to lonely places and prayed.**

# HOW CAN I LIVE A GOD CENTRED LIFE

## LIFE?

**(Psalms 127:2 NIV) In vain you rise early and stay up late, toiling for food to eat— for He grants sleep to those He loves.**

# **1: I need Jesus Christ as MY HUB**

**(Matthew 6:33 NIV) "But seek first His kingdom and His righteousness, and all these things will be given to you as well."**

**(Matthew 22:37-39 NIV) Jesus replied:  
"Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbour as yourself.'**

## **2: I need to KNOW WHO I AM**

**(2 Corinthians 4:7 NIV) “But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us.”**

### **3: I need to LIMIT MY WORKLOAD**

**(Exodus 20:9-10 NIV) “Six days you shall labour and do all your work, but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work...”**

**(Mark 2:27 NIV) “Then he said to them, “The Sabbath was made for man, not man for the Sabbath.”**

## **4: I need to ADJUST MY VALUES**

**(Ecclesiastes 4:4 NIV) “And I saw that all labour and all achievement spring from man's envy of his neighbour. This too is meaningless, a chasing after the wind.”**

**(Mark 8:36 NIV) “What good is it for a man to gain the whole world, yet forfeit his soul?”**

## 5: I need to FEED MY SOUL

(Luke 5:15-16 NIV) “Yet the news about Him spread all the more, so that crowds of people came to hear Him and to be healed of their sicknesses. But Jesus often withdrew to lonely places and prayed.”

(Psalm 119:16 NIV) “I delight in your decrees; I will not neglect your word.”

## 6: I need to ENJOY LIFE

(Ecclesiastes 3:13 NIV) “That everyone may eat and drink, and find satisfaction in all his toil--this is the gift of God.”

(Proverbs 14:30 NLT) “A relaxed attitude lengthens life.”

**(Matthew 11:28-30 NIV) "Come to me,  
all you who are weary and burdened, and  
I will give you rest. Take my yoke upon  
you and learn from me, for I am gentle  
and humble in heart, and you will find  
rest for your souls. For my yoke is easy  
and my burden is light."**